

## Handout A

### What are my identities?

The following statements can help you identify the many different parts that make you a whole.

1. The part of my identity that I am most aware of on a daily basis is .....
2. The part of my identity that I am the least aware of on a daily basis is .....
3. The part of my identity that was most emphasized or important in my family growing up was .....
4. The part of my identity that I wish I knew more about is .....
5. The part of my identity that makes me feel discriminated against is .....
6. The part of my identity that provides me the most privilege is .....
7. The part of my identity that I believe is the most misunderstood by others is .....
8. The part of my identity that I feel is difficult to discuss with others who identify differently is .....

**People with similar identities can experience different levels of salience, self-awareness, and can be differently impacted by their intersecting identities**